

POST

# Hello, nice to meet you!

Tell us a little about yourself through this survey.  
Remember that this survey is **not a test**.  
We just want to know more about who you are!

**Please read these tips on how to answer questions**

Fill in open spaces



Fill in, circle or X a number



Be open and honest

Answer as honestly as possible. You will not get a grade for your answers, and your responses will not affect your ability to participate in this program.

## Thank you for participating, let's begin!

**1 What is today's date?**

Month Day Year

For example, October 16 2020,  
or just 10 16 2020

**2 Please fill in the first, middle, and last initials of your name.**

First Middle Last

For example, put "D" for "David",  
or just put "A" for "Ann Marie"

**3 When is your birthday?**

Month Day Year

For example, November 25 2005,  
or just 11 25 2005

**4 How often did you attend the program?**

- A Not very often
- B Sometimes
- C Most of the time
- D All the time

**5 Read each statement below and tell us how well it describes you.**

1 2 3 4 5

Does not describe me well      Sort of describes me      Describes me very well

a. I keep going, even when things get tough or stressful.

1 2 3 4 5

b. It is important for me to participate in my community.

1 2 3 4 5

c. I put in my best effort even when something I'm working on gets tough.

1 2 3 4 5

d. I know how to deal with my emotions when I'm disappointed.

1 2 3 4 5

e. I take the time to find out about my own identities (who I am).

1 2 3 4 5



(continued)

**5** Read each statement below and tell us how well it describes you.

1	2	3	4	5
Does not describe me well		Sort of describes me		Describes me very well

f. When one of my friends is hurting, I understand and try to help.	1	2	3	4	5
g. I listen to other people and what they think.	1	2	3	4	5
h. I participate in activities and programs to explore my identities (who I am).	1	2	3	4	5
i. I know how I can use my interests and skills to make my community better.	1	2	3	4	5
j. It's important for me to work hard in school.	1	2	3	4	5
k. Other people's feelings matter to me.	1	2	3	4	5
l. I think a lot about how my life will be affected by my identities (who I am).	1	2	3	4	5
m. I am confident I can do well in school.	1	2	3	4	5
n. I can stay calm, even when things get tough or stressful.	1	2	3	4	5
o. I am a good student.	1	2	3	4	5
p. I believe that finishing school will help me achieve my goals.	1	2	3	4	5
q. I can deal with whatever comes.	1	2	3	4	5
r. I try to support others when they aren't as good as me at something.	1	2	3	4	5
s. I have a clear sense of my identities (who I am) and what it means for me.	1	2	3	4	5
t. If things get tough or stressful, I have a way to deal with it, such as counting to 10, exercising, or talking to someone.	1	2	3	4	5
u. Being a leader is important to me.	1	2	3	4	5
v. I participate in activities that make my communities better, such as volunteering or taking action for change.	1	2	3	4	5
w. I spend time and effort making the world a better place to live in.	1	2	3	4	5



**6 How many adults in your life do the following?**

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
None	One	Two	Three	Four or more

- a. Expect you to do your best.
- b. Expect you to explore your interests.
- c. Help you with your schoolwork.
- d. Believe that you will succeed.
- e. Pay attention to what's going on in your life.
- f. Can be counted on for help if you had a big problem.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>

**7 How often do you do the following?**

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Never	Rarely	Sometimes	Often	Always

- a. Participate in activities to learn more about your interests and explore them.
- b. Participate in activities that make your community better, such as volunteering or cleaning up litter.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>

**8 In the last year, I...**

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Never did this	Once or twice last year	Once every few months	At least once a month	At least once a week

- a. ...participated in a civil rights group or organization.
- b. ...wrote a letter to a school, community newspaper, or publication about a social or political issue.
- c. ...contacted a public official by phone, mail, or email to tell him or her how you felt about a social or political issue.
- d. ...joined in a protest march, political demonstration, or political meeting.
- e. ...worked on a political campaign.
- f. ...signed an email or written petition about a social or political issue.
- g. ...participated in a human rights, gay rights, or women's rights organization or group.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>



9

Imagine your school just passed a rule that you think is unfair, and you decide to do something about it. How confident are you that you could...

1	2	3	4	5
Not at all confident		Sort of confident		Very confident

- a. ...create a plan to address the problem? 1 2 3 4 5
- b. ...research the problem? 1 2 3 4 5
- c. ...organize and run a meeting? 1 2 3 4 5
- d. ...express your views in front of a group of peers? 1 2 3 4 5
- e. ...express your views in front of a group of adults? 1 2 3 4 5
- f. ...identify people or groups who could help you with the problem? 1 2 3 4 5
- g. ...write an opinion to a local or school newspaper? 1 2 3 4 5
- h. ...contact someone you don't know to get them involved? 1 2 3 4 5
- i. ...contact an authority figure about the problem, such as an elected official or the principal? 1 2 3 4 5

10

How often did you do the following in the program? In the program, I...

A	B	C	D	E
Never	Rarely	Sometimes	Often	Always

- a. ...discovered something new that I loved doing. A B C D E
- b. ...worked with a group or team to solve problems or complete a project. A B C D E
- c. ...pushed myself to try when something was hard. A B C D E
- d. ...felt safe and supported by other young people in the program or group. A B C D E
- e. ...learned more about other people who are different from me. A B C D E
- f. ...felt that I was part of a team or community. A B C D E
- g. ...set my own goals. A B C D E
- h. ...helped others when they needed it. A B C D E
- i. ...participated in meetings to help make decisions. A B C D E
- j. ...helped create plans to complete group goals or projects. A B C D E





(continued)

**10** How often did you do the following in the program, I...

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
Never	Rarely	Sometimes	Often	Always

k. ...created plans to work on my goals.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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l. ...planned or facilitated meetings.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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m. ...helped set group goals.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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n. ...helped with outreach to get other young people involved.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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o. ...got to do things I liked to do.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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p. ...found out more about my identities (who I am).

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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q. ...led more than one activity.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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r. ...helped to create group rules about how we would work together.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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s. ...worked in groups with other young people whom I had never met.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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t. ...tried many things I had never done before.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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u. ...made choices about what to do.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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v. ...played an important leadership role.

<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
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**11** How much do you agree with the following statements about the adults or staff in this program? The adults or staff in this program...

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Definitely Not		Kind of		Definitely Yes

a. ...were interested in my life outside of the program.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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b. ...listened to me.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
----------	----------	----------	----------	----------

c. ...helped me set my own goals.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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d. ...expected that I could succeed.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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e. ...pushed me to work through hard problems.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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f. ...made me feel safe and supported.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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g. ...expected that I review and work on my goals.

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
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(continued)

**11** How much do you agree with the following statements about the adults or staff in this program? The adults or staff in this program....

1	2	3	4	5
Definitely Not		Kind of		Definitely Yes

h. ...valued my thoughts and opinions.

1	2	3	4	5
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i. ...expected me to try hard to do my best.

1	2	3	4	5
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**12** Please rate how well the following statements reflect your program experience.

A	B	C	D	E	F
Strongly disagree	Mostly disagree	Slightly disagree	Slightly agree	Mostly agree	Strongly agree

a. I learned how decisions are made in the agency or organization.

A	B	C	D	E	F
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b. I know how to make changes in the agency or organization.

A	B	C	D	E	F
---	---	---	---	---	---

c. I know how to influence policies and practices in the agency or organization.

A	B	C	D	E	F
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**13** How much do you agree with the following statements?

1	2	3	4	5
Definitely Not		Kind of		Definitely Yes

a. Before this program, I was likely to vote if and when I became eligible.

1	2	3	4	5
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b. After this program, I am likely to vote if and when I become eligible.

1	2	3	4	5
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**14** How much do you agree with the following statements?

1	2	3	4	5
Definitely Not		Kind of		Definitely Yes

a. Before this program, I was interested in how the government works.

1	2	3	4	5
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b. After this program, I am interested in how the government works.

1	2	3	4	5
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**15** How much do you agree with the following statements?

1 2 3 4 5  
Definitely Not Kind of Definitely Yes

a. Before this program, I knew the steps to learn more about government candidates, issues, and policies.

1 2 3 4 5

b. After this program, I know the steps to learn more about government candidates, issues, and policies.

1 2 3 4 5

**16** How much do you agree with the following statements?

1 2 3 4 5  
Definitely Not Kind of Definitely Yes

a. Before this program, I asked others how they think and feel about government candidates, issues, and policies.

1 2 3 4 5

b. After this program, I ask others how they think and feel about government candidates, issues, and policies.

1 2 3 4 5

**17** How much do you agree with the following statements?

1 2 3 4 5  
Definitely Not Kind of Definitely Yes

a. Before this program, I could understand other people's opinions, even if they are very different than mine.

1 2 3 4 5

b. After this program, I can understand other people's opinions, even if they are very different than mine.

1 2 3 4 5

**18** How much do you agree with the following statements?

1 2 3 4 5  
Definitely Not Kind of Definitely Yes

a. Before this program, I could change my mind based on new information.

1 2 3 4 5

b. After this program, I can change my mind based on new information.

1 2 3 4 5





19 How much do you agree with the following statements?

1	2	3	4	5
Definitely Not		Kind of		Definitely Yes

a. Before this program, I was likely to express my points of view to adults in power (for example, city officials, the media, or school principal).

1	2	3	4	5
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b. After this program, I am likely to express my points of view to adults in power (for example, city officials, the media, or school principal).

1	2	3	4	5
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20 Circle the pictures that show what you have done most of the time during the program. Choose as many as you like.

Work with adult one-on-one	Work with friend or peer	Learn in a classroom	Read or learn on my own	Work in a group	Physical activity (such as dance, hiking, or sports)	Work on projects (such as art, media, or science projects)

21 Would you recommend this program to a friend?

1	2	3	4	5
Definitely Not		Kind of		Definitely Yes

**You've completed the survey. Thanks!**

**Your feedback is really important to us!**