## Up-potting tomato seedlings

- Make sure tomatoes haven't been watered in at least a day - makes for more flexible stems that won't break as easily.

1. Gather seeding soil, seedlings and labeled 4 pack -
a. Label with paint pen directly on 4-pack - Don't use popsicle sticks - do this first!
2. Take off leaves that are not needed - most lower leaves that we will plant under the soil
3. Put a little soil in the bottom of 4 - packs, plant seedling roots on side in bottom of pack and bend up the seedling stem in a J shape.
4. Coil the stem gently around the inside of the pack - Be careful not to break
5. Gently pack with soil, making sure not to pack too tight or break the stem under the soil.

Replanting tomatoes this way will help the seedlings develop more resilient root systems. Every "hair" on the stems of tomato plants can turn into roots, so burying the stem this way gives it the opportunity to produce a nice strong root system for growing tomato seedlings.

