

Summer Youth Crew Schedule

Tuesday, June 20, 2023 - Saturday, August 12, 2023

Schedule:

- Please drink lots of water before you come!!
- Lunch will be **provided** at the farm every day, but please feel free to bring your own. Bringing snacks to eat at break times are highly encouraged.
- You are responsible for transportation to and from the farm rain or shine. GVI team members cannot be relied on for rides in their personal vehicles.
- If you choose to stay on the farm past the scheduled time your help will be appreciated, but not paid.
- Typical schedule below, on average you will be working up to 26 hours a week. Hours are subject to change due to weather or special events.

What to bring: water bottle, snacks, necessary medication

What to wear: closed-toed shoes, farming clothes*, hat

*wear GVI shirt and name tag on Saturdays

Day	Time	Location	Daily Task List
Tuesday	7:30am - 12:30pm	RCF or Community Garden	Field Trip or Community Garden Day
Wednesday	7:30am - 12:30pm	RCF	Weekly Farm Check BIPOC Farmer Highlight
Thursday	7:30am - 12:30pm	RCF	Workshop
Friday	7:30am - 12:30pm	RCF	Harvest Day Flyering
Saturday	9am - 2pm	RCF	Farm Stand Volunteer Coordinators



2023 YOUTH CREW WEEK-BY-WEEK SCHEDULE:

June 20, 2023 - August 12, 2023

Week 1 Activities:

Weekly Focus: "PURPOSE" Together we will answer questions about why we do each task on the farm, why this farm exists and why farming in our city matters. We are defining/deciding why food work is important to Bridgeport - deciding why it is important to each of us and how justice and food are connected.

WEEK 1 June 20 PURPOSE	Tuesday (06/20)	Wednesday (06/21)	Thursday (06/22)	Friday (06/23)	Saturday (06/24)
	9:00am - 2:00pm	9:00am - 12:00pm 3:00pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Orientation Part 1 <i>Farm Tour & Orientation</i>	Orientation Part 2 'Why does RCF Exist?' Farm Safety training	BIPOC Farmer Highlight Farm Stand Training Youth Bed Grounding in Nature Workshop with Marsha from Garden of Sol	Harvest Training First Harvest w/ Youth Team Welcome Day	First Farmstand w/ Youth Tomatoes 101 Workshop

Week 2 Activities:

Weekly Focus: "NETWORK" Learning how to create an emotional support network, the importance of practicing self care, and understanding others perspectives. Building a community of resources.

WEEK 2 June 27 NETWORK	Tuesday (06/27)	Wednesday (06/28)	Thursday (06/29)	Friday (06/30)	Saturday (07/01)
	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Ogden - & Rain Water Collection Workshop	First Weekly Farm Check & Discussion Food Justice Workshop Crew Leader BIPOC Farmer Highlight	Farm work Backyard Mushroom Workshop with Hood Farmer Rob	Harvest Day Painting the Table	Farm stand & Volunteer Day Edible Weed Walk Workshop



Week 3 Activities:

Weekly Focus: "OWNERSHIP" Take ownership of your future, the farm & the leader you are. Practicing public speaking, tours on the farm.

WEEK 3 July 4 OWNERSHIP	Tuesday (07/04)	Wednesday (07/05)	Thursday (07/06)	Friday (07/07)	Saturday (07/08)
		7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Independence Day NO WORK	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight 1pm - 3pm Youth Urban Farming Session	Farm work Ellie's Public Speaking Workshop	Harvest Day	Farmstand & Volunteer Day Garlic Harvest! Bugs - Friends and Foes Workshop

Week 4 Activities:

Weekly Focus: "HIVE MIND" We explore how bee systems operate and work together seamlessly to produce honey.

WEEK 4 July 11 HIVE MIND	Tuesday (07/11)	Wednesday (07/12)	Thursday (07/13)	Friday (07/14)	Saturday (07/15)
	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Ridge Ave Community Garden & Rain Water Collection Workshop	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight 5pm-6:30pm FLAG Cooking Demo	Farm work 10:30am - 12pm Hive Check & Honey Harvest with Hunneebee Project	Harvest Day	Farmstand & Volunteer Day Pinch of Salt Cooking Demo Companion Crops & Rotation Workshop



Week 5 Activities:

Weekly Focus: "BE YOURSELF" Find out what you stand for & more about the person next to you as we dive deep into what each of us brings to RCF.

WEEK 5 July 18 BE YOURSELF	Tuesday (07/18)	Wednesday (07/19)	Thursday (7/20)	Friday (7/21)	Saturday (7/22)
	7:30am - 2pm*	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	UConn Farm Trip 9am-12:30pm	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight Latino Conservation Week Event	Farm work Jordan Workshop on Identity	Harvest Day	Farmstand & Volunteer Day Queerness and Nonbinary in Nature Workshop

Week 6 Activities:

Weekly Focus: "SELF RELIANCE" We explore together how you determine your own power and your own financial and professional future.

WEEK 6 July 25 SELF RELIANCE	Tuesday (07/25)	Wednesday (07/26)	Thursday (07/27)	Friday (07/28)	Saturday (07/29)
	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Keney Park Sustainability Project	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight	Budgeting Workshop with Diego	Harvest Day	Urban Farming Extravaganza 8am - 4pm



Week 7 Activities:

Weekly Focus: "CONNECTION" Sharing and connecting your experience with other folks who fight for justice & farm in community for our food system!

WEEK 7 August 1 CONNECTION	Tuesday (8/1)	Wednesday (8/2)	Thursday (8/3)	Friday (8/4)	Saturday (8/5)
	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	Ash Creek Bird Walk	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight 5pm-6:30pm FLAG Cooking Demo	Farm work	Harvest Day	Farmstand & Volunteer Day

Week 8 Activities:

Weekly Focus: "REFLECTION" Our last week on the farm will be spent reflecting on our summer, our growth, and how we can apply the things we learned in all aspects of life.

WEEK 8 August 8 REFLECTION	Tuesday (8/8)	Wednesday (8/9)	Thursday (8/10)	Friday (8/11)	Saturday (8/12)
	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	7:30am - 12:30pm	9:00am - 2:00pm
	People's 1st	Weekly Farm Check & Discussion Crew Leader BIPOC Farmer Highlight 1:00pm - 3:00pm Youth Urban Farming Session		Harvest Day	Farmstand & Volunteer Day Celebration to end the Youth Leadership Program!