

Name Dance

This name game will get your group moving their bodies as they get to know the people around them for the day. By changing the icebreaker questions, you can customize this activity to any lesson that may follow.

- 1) Everyone will introduce themselves and answer 1-2 icebreaker questions that you can choose based on the group.
 - a) Ex. Name, school/major, favorite vegetable
 - b) Ex. Name, school/major, what you had for breakfast
 - c) Ex. Name, school/major, favorite home cooked meal
- 2) Tell the participants that before they begin, they need to choose a dance move to do during their introduction.
- 3) Everyone in the group will do the same dance move as the speaker. They are not allowed to introduce themselves until everyone in the circle is dancing with them!
- 4) Start with yourself as an example and to shake any nerves of shy participants.
- 5) Continue going around the circle until everyone has introduced themselves and gotten some good moves/giggles out.