

Garden tag:

Objectives:

- Reinforce stages of plant growth
- Move around!

Location:

OUTSIDE, with lots of space

Time:

10-15 minutes

Procedure:

- Start with one person as “it”, and the others have to run away to avoid getting tagged.
- The first time a kid gets tagged by someone who’s “it”, they kneel down and pretend to be a seed, and stay in that position until they are freed. The person who is “it” cannot tag someone again while they are frozen.
- If someone who’s not “it” tags them, they are freed and can rejoin the game.
- The second time a kid gets tagged, they stand up straight with their arms above their heads (palms touching) to become a blade.
- The third time, they become a sprout, standing still but with their arms out to represent leaves.
- The fourth time they get tagged, they become a flower, standing upright with their arms in a circle above their heads.
- The fifth time they get tagged, they become a fruit, standing upright with their arms in a circle in front of them.
- The sixth time a kid gets tagged, they become “it.”

Variations:

Try using different body positions to represent different stages of plant growth. See if the kids can come up with any!

Also, for a faster-paced game, try having more than one person be it at a time.