



Green Village Initiative

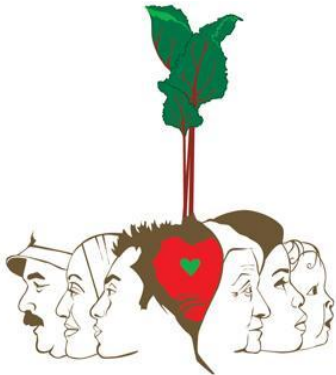
What is Food Justice?

Food Justice Definition:

- ❖ It is a practice, a lifestyle, a message that runs contrary to the majority’s food system
- ❖ An individual’s right to eat and grow healthy food
- ❖ The land, workers, and animals are taken care of during the production of healthy food.
- ❖ Healthy food is fresh, nutritious, affordable, culturally appropriate
- ❖ Self-reliant communities are leaders in this strong local food system.
- ❖ Food justice fights for choice

Food Justice Promotes:

- ❖ A practice, a lifestyle, and a message that runs contrary to the majority’s food system



- ❖ An individual’s right to eat & grow healthy food
- ❖ An approach where the land, workers, animals are taken care of during the production of healthy food
- ❖ A definition of healthy food as fresh, nutritious, affordable, and culturally appropriate
- ❖ Self-reliant communities that are leaders in this strong local food system
- ❖ Food justice fights for choice

Key Food Justice Themes GVI’s Summer Youth Crew Explore:

Food Justice for the Land

Youth learn what food justice does to preserve the land during food production.

Food Justice for the Community

Youth learn how communities implement food justice.

Food Justice for the Self

Youth explore how they benefit from food justice and/or how they can help lead food justice changes in their community.



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Food Leader Certificate Training

Green Village Initiative defines a Food Leader as: someone who believes in the value of affordable, culturally appropriate, *and* healthy fresh food, otherwise known as **food justice**. They understand the effect of sustainable agriculture in creating community. A Food Leader has the ability to educate others in growing local food and to address injustices in the food system through various creative approaches. Food Leaders guide their communities towards widespread healthy food access.



Food Leader Certificate Criteria:

You will receive a certificate if:

1. You attend at least **7 of the 8** Food Leader Workshops.
2. You achieve a **participation score of 14 points by August 12th** .
 - (a) **3 means:** contributes a personal story or opinion that relates to the topic more than once during the workshop / follows all Communication Agreements
 - (b) **2 means:** listens to conversation and participates through comments but goes off topic or talks over others / has trouble following all Communication Agreements
 - (c) **1 means:** participates with minimal effort with less than 3 short comments / clearly breaks Communication Agreements
 - (d) **0 means:** did not attend or does not contribute to the conversation / he or she appears to be paying attention or distracts others.
3. You bring strong work ethic to Workshop Discussions: Strong *work ethic* based on:
 - (a) defined as: consistent productive tempo
 - (b) inspires and leads peers towards good results
 - (c) improves with time; listens to feedback and changes behavior if asked



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4. If I am a returning Youth Summer Crew Member, do I have to do anything different from the previous year?

Yes! You will be receiving a Food Justice Certificate that will be added on to your Food Leader Certificate.

To receive a Food Justice Certificate to add onto your Food Leader Certificate you will be expected to help organize & facilitate the following workshops. (In addition to attending all FLC workshops with the rest of the Youth Summer Crew.)

- **Week 2: NETWORK.** You will co-lead and train the youth crew through our Food Justice workshop
- **Week 3: OWNERSHIP.** You will co-lead the Garlic Harvest with volunteers and instruct the youth crew on the process

5. When I attend the workshops, am I being held to the Community Agreements?

Yes. You will be representing all of the youth when you are on RCF and must act accordingly.



What happens if I miss a workshop day?

You cannot make up workshop dates. These are paid days, although an excused absence due to an emergency or sickness if you miss, you will not receive pay or credit for the workshop. If you miss more than one workshop, you will not receive a Food Leader Certificate.



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Food Leader Training Certificate Progress Sheet

(to be filled by staff)

Name of Youth:

Week #	Name of Workshop	Participation Points	Comment
Week 1 PURPOSE			
Week 2 NETWORK			
Week 3 OWNERSHIP			
Week 4 HIVE MIND			
Week 5 BE YOURSELF			
Week 6 SELF RELIANCE			
Week 7 CONNECTION			
Week 8 REFLECTION			



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Food Leader Certificate Training FAQ

When do workshops happen?

The majority of them occur on Thursdays, the workshop duration may change and we aim to wrap up at or close to 12pm. Community workshops will take place on Saturdays and are open to the public.

How long is a workshop?

Workshops usually run for about an hour depending on the topic . There may be workshops run by other organizations that are longer or shorter than this.

What do I need to prepare?

An open and active mind! Come with energy, and be on time!

Why do we have Food Leader Certificate training?

We at Green Village Initiative want you to shape your experience into a valuable one! Through inspirational discussions about what we do, and how we can move forward for our group mission of promoting food justice in Bridgeport. To upset an unjust food system we need everyone’s love & work. This certificate signifies that you are part of that work.

What topics will we cover?

Currently scheduled is:

- | | |
|--|----------------------------|
| Why does Reservoir Community Farm exist? | Tomatoes 101 |
| Grounding in Nature | Edible Weed Walk |
| Food Justice | Garlic 101 |
| Backyard Mushrooms | Bugs - Friends and Foes |
| Public Speaking | Companion Crops & Rotation |
| Bees | Queerness in Nature |
| Identity | |
| Self Reliance and Marketing | |
| Social Justice | |
| Screenprinting | |