

This sheet has many different contact numbers and emergency hotlines. It is meant to act as a resources informational sheet because we cannot provide all of the services that you may need. If you are ever in need of help, please utilize the numbers on this sheet. If you are ever in need of help and find that none of this information suits your needs, please reach out and we will try to find your the correct resources for your situation.

### **Homelessness**

# -Homes with Hope -18+

https://www.hwhct.org/

If you need emergency shelter and you are a single woman, single man, or family you can contact them. They can also help you to find permanent housing.

Call 211 (infoline and press #3)

Go to www.211ct.org

#### -The Janus Center- Under 18

Serving Youth in Crisis Ages 11 to 17 Services include Safe Places, Youth in Crisis Hotline, 24 hour Mobile Crisis Intervention, Short-term Counseling, Individual and Family Needs Assessment, Family Mediation, Tangible Assistance, Host Home Placement, Referral Services and Youth Advocacy.

24 Hour Hotline (203) 374-9473

Main office (203) 334-1121

### Sexual Health

## -Planned Parenthood

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care. They can office emergency contraception, birth control services, pregnancy tests, rapid HIV tests.

4697 Main Street

Bridgeport, CT 06606 Call: 203-366-0664

#### -Center for Family Justice

The Center for Family Justice provides free and confidential trauma-informed services and coordinates care for all victims and survivors of domestic violence, sexual violence, human trafficking and child abuse.

Call: 203-334-6154 Or 24/7 on a hotline:

Domestic violence: 203-384-9559 Sexual assault: 203-333-2233 Vedas (Spanish): 888-568-8332



Soup Kitchens

**Agape Soup Kitchen** 

1243 Stratford Avenue (06607)

(203) 366-5824

Saturdays, 11am – 1pm

Mary Williams:

cathedraloftheholyspirit@gmail.com

**Bridgeport Rescue Mission Soup Kitchen** 

1088 Fairfield Avenue (06605)

(203) 333-4087

Monday – Sunday, 7am – 5:45pm (3 meals)

Christi Pope

cpope@bridgeportrescuemission.org

**Calvary St. George Soup Kitchen** 

755 Clinton Avenue (06604)

(203) 333-5116

Mondays, 5 - 6pm

**Guy Love** 

**East End Baptist Soup Kitchen** 

548 Central Avenue (06607)

(203) 333-3036

Mondays, 6 – 7pm

Nina Minor: mrsminor69@hotmail.com

**Golden Hill UMC Community Suppers** 

210 Elm Street (06604)

(203) 336-0152

Wednesdays, 5 - 6pm

Melodye Merola: outreach@goldenhill.org

King's Mobile Soup Kitchen

John Street (06607)

(203) 335-9255

Sundays, 12 – 1pm

Jeanette Battiste: wostmi@optonline.net

Food

Charalene Chambers:

charalene.chambers@yahoo.com

Pastor West: Ceegeewest@aol.com

Kitchen of Hope

1100 Park Avenue (06604)

(203) 336-4565

Mondays, Wednesdays, Fridays,

12 - 1pm

Dorothy Brown: dbrowncatering@aol.com

Norma F. Pfriem Community Suppers at UCC

877 Park Avenue (06604)

(203) 335-3107

Thursdays, 6 – 7pm

Rich Pettway: pettway1@optonline.net

**Russell Temple Soup Kitchen** 

555 Connecticut Avenue (06607)

(203) 333-9061

Fridays, 5 – 6pm

Jeane Killings

killingsnorma@yahoo.com

St. John's Family Center Soup Kitchen

768 Fairfield Avenue (06604)

(203) 335-2999

Tuesdays, 5 – 6pm

Valzie Peterkin

valziep@gmail.com

St. Luke's Episcopal Church Soup Kitchen

594 Kossuth Street (06608)

(203) 367-7009

Tuesdays, 5 - 6pm

Alba Perez: mariestrella@juno.com

**Thomas Merton House Soup Kitchen** 

43 Madison Avenue (06604)

Green Village Initiative | 325 Lafayette Street #9101, Bridgeport, CT 06604 | (203) 612-4107 | www.gogvi.org



(203) 367-9036

Monday – Saturday, 8:30am – 1:30pm

Amanda Carrier

**Food Pantries** 

Bishop Jean Williams Pantry 1

4 Worth Street (06604)

(203)873 - 0260

Thursdays, 12:30 - 2pm

Mary Green: mgreen@parkcityinitiative.org

NO RESTRICTIONS BY ZIP CODE

**Bishop Jean Williams Pantry 2** 

Newfield Park (06607)

(203) 873-0260

2<sup>nd</sup> and 4<sup>th</sup> Saturdays, 11am – 1pm

NO RESTRICTIONS BY ZIP CODE

**Bishop Jean Williams Mobile Pantry** 

381 Jane Street (06608)

(203) 873-0260

4<sup>th</sup> Wednesday, 10:30 – 11:30am

NO RESTRICTIONS BY ZIP CODE

**Black Rock Pantry** 

15 Princeton Street (06605)

(203) 610-1222

Saturdays, 8:30 - 11:30am

Bernie Lee: blee@ateampromo.com

ONLY SERVES RESIDENTS OF 06605

**Bridgeport Rescue Mission Food Pantry** 

1088 Fairfield Avenue (06605)

(203) 333-4087

Monday - Friday, 2 - 4pm

Christi Pope:

cpope@bridgeportrescuemission.org

NO RESTRICTIONS BY ZIP CODE

**Bridgeport Salvation Army Food Pantry** 

30 Elm Street (06604)

(203) 334-0995

Monday, Tuesday, Thursday, Friday,

10am - 1pm

BY APPOINTMENT ONLY

Ivelisse Williams:

ivelisse.williams@use.salvationarmy.org

**ONLY SERVES RESIDENTS OF 06604** 

**Calvary Seventh Day Adventist Food Pantry** 

827 Trumbull Avenue (06606)

(203)3 74-4533

Thursdays, 6 - 7pm

Sundays, 12 – 1pm

Marcy McDonald:

marcymmcdonald@gmail.com

Helki Roundtree: roundtreehelki4@gmail.com

203 400 5310 or 203 526 4761

NO RESTRICTIONS BY ZIP CODE

**Daughters of Charity Food Pantry** 

1490 North Avenue (06604)

(203) 334-7000

Fridays, 1 – 3pm

Sister Theresa Tremblay: srtheresa@dcmpb.org

Vera Jenkins: jenkinsvera700@gmail.com

ONLY SERVES RESIDENTS OF 06604 & 06605

**Eat Smart Marketplace** 

43 Madison Avenue 06604

(203) 367-9036 x 23

Mondays, Wednesdays, Fridays

10am - 1pm

Deb Stokes: deb54stokes@yahoo.com

dstokes@ccfc-ct.org

NO RESTRICTIONS BY ZIP CODE



## **Feed My Sheep Food Pantry**

2271 North Avenue (06605)

(203) 373-1727

Wednesdays, 10am – 12pm

Chinetta Wade: Cwade77777@aol.com

NO RESTRICTIONS BY ZIP CODE

### **Feed the People Food Pantry**

301 Bostwick Avenue (06605)

(203) 260-3953

Tuesdays, 5 – 6pm

4<sup>th</sup> Wednesday, 12:30 – 1:30pm

Bennyta Thompson:

bennytathompson@gmail.com

ONLY RESIDENTS OF PT BARNUM COMPLEX

# **Fresh Start Food Pantry**

600 Hallett Street (06608)

(203) 545-5325

2<sup>nd</sup> and 4<sup>th</sup> Saturdays, 12 – 3pm

2<sup>nd</sup> and 4<sup>th</sup> Sundays, 8:30 – 9:30am

Victoria Dicks: vickey01@msn.com

NO RESTRICTIONS BY ZIP CODE

# **Harvest Food Pantry**

314 Madison Avenue

Bridgeport, CT 06604

(203) 873-0874

2nd and 4th Wednesday, 10:00 am - 1:00 pm

Larissa Fountain

ladylarissa@fountainofyouthcathedral.org

ONLY RESIDENTS OF 06604 AND 06605

### Iglesia Pentacostal El Olivar Food Pantry

510 Summit Street (06606)

(203) 913-1417

Wednesdays, 9 – 10:30am

Olga Sierra: sierra203@optonline.net

NO RESTRICTIONS BY ZIP CODE

## King's Food Pantry

30 Florence Street (06607)

(203) 335-9255

Tuesday - Friday, 10:30am - 1:30pm

Jeanette Battiste: wostmi@optonline.net

**Charalene Chambers:** 

charalene.chambers@yahoo.com

Pastor West: Ceegeewest@aol.com

NO RESTRICTIONS BY ZIP CODE

#### **Light on the Hill Food Pantry**

110 Clermont Avenue (06610)

(203) 367-8783

Fridays and Saturdays, 9:30am – 12:30pm

Geraldine Nelson

sumc110@sbcglobal.net

NO RESTRICTIONS BY ZIP CODE

## Norma F. Pfriem Food Pantry at UCC

877 Park Avenue (06604)

(203) 335-3107

Wednesdays 5 - 6:30pm

Aly Lake: alakeucc@gmail.com

NO RESTRICTIONS BY ZIP CODE

### **Salem Lutheran Church Food Pantry**

3160 Park Avenue (06604)

(203) 336-3300

2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 5 – 6:30pm

Joe Bales: joebales39@yahoo.com

ONLY RESIDENTS OF BRIDGEPORT AND

**FAIRFIELD** 

### St. John's Family Center Food Pantry

768 Fairfield Avenue (06604)

(203) 335-2999

2<sup>nd</sup> and 4<sup>th</sup> Saturdays, 9am – 12pm

Diane Peterson

'Rev. Diane Peterson/Bridgeport Deanery'

peterson6@optonline.net

Green Village Initiative | 325 Lafayette Street #9101, Bridgeport, CT 06604 | (203) 612-4107 | www.gogvi.org



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St. Luke's Food Pantry
594 Kossuth Street (06608)
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