



Square Foot Gardening:

What is it?

Square foot gardening is a method of creating orderly, and highly productive gardens in a small area. Invented by Mel Bartholomew, a retired engineer with a backyard garden, as an effective way to grow a vegetable garden.

How?

By creating smaller multiple squares within a grow box for different vegetable seeds and seedlings to have a separate space in a sense, but together within the given space. This way you can manage multi crops densely based off their plant size.

BENEFITS

- Grow as much food within a small space as you would with some traditional row-planted gardens
- No need for a big yard – grow food on patio, balcony, or smaller plot
- Minimal to no weeding at all
- Less work and strain on the body
- No negative effects or damage to the yard
- Incredibly easy – ideal for new gardeners
- Save money with minimal management by sourcing your own food