

Veggie Charades

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| Impact: | Mentally and physically challenges participants to utilize creativity as opposed to coordination and speed |
| Risk: | Low |
| Group Size: | Unlimited, but divide into groups of 10 to 15 |
| Time Required: | 10 to 20 minutes |
| Materials: | Paper, pencils, a watch |

Directions:

- Players divide into three teams. Give Team A the name of a vegetable. Team members then use their entire bodies (not just their hands) to spell out the word. The other teams try to guess what vegetable is being spelled.
- To keep score, have Team A give Team B a word. Start timing from the moment Team B receives its word to the time that Team C guesses it. Give teams B and C that time as a score. Now Team B gives Team C a word, and Team A has to guess it. Keep rotating so that all teams have an opportunity to work together as spellers and guessers. At the end of the game, add up all the times for each team. The team with the lowest score (i.e., the quickest times at both guessing and spelling) wins!

Options:

- Instead of vegetables, use words that relate to your program, organization, school, or business.