

## **School Lunch Listening Session**

Listening session designed by youth fellow Arnold Aguilera to gather qualitative data about the Bridgeport school lunch system from Bridgeport High School students. Can be applied to schools in other areas that may or may not have similar food systems.

- What's your opinion on school food?
- Do you think school meals are healthy? Do you think they are nutritious?
- Do you like the food? What is your favorite or least favorite part of the food
- Do you think the school cares about the food you eat?
- Do you know where we get our food from?
- What is it like to eat food at the school cafeteria?
- Do you have a relationship with the people serving you food?
- Do you have a relationship with the people growing the food?
- Do you feel part of the process of choosing the food on the menu at school?
- What do you think can be changed about the school food?
- What do you think can be done to change/make school lunch better?
- Do you think schools across Bridgeport have the same/ equal food choices?
- What do you do when there is nothing that looks good at lunch?
- How often do you not eat at school because of poor choices?