

Me and My Name

Impact:	Allows people to express their personality through their name, and helps all members of the group learn names
Risk:	Low
Group Size:	Unlimited, but divide into groups of 6 to 15
Time Required:	10 minutes or more, depending on group size
Materials:	None

Directions:

- Everyone sits or stands in a circle. Choose a topic such as fruit, food, famous people, colors, adjectives, etc., and pick one person to start off. That person then says his or her name and a word associated with the chosen topic. For instance, if the topic is "adjectives," then the person might say "Charming Charles" or "Lucky Lucy." The next person in the circle repeats the first person's name and associated word and then adds his or her own to the list—and so on around the circle.
- At the end of the game, the person who started must repeat all the names and associated words of everyone in the circle.



© Greig Cranna