

Back-to-Back

Impact:	Gets people moving and meeting one another through either eye contact or physical contact
Risk:	Medium
Group Size:	Unlimited, but need an odd number of people
Time Required:	10 to 20 minutes
Materials:	None

Directions:

- Each participant stands face-to-face with a partner, looking into their partner's eyes. One person is without a partner, and is "It." "It" can command the participants to stand face-to-face or turn the other way around and stand back-to-back.
- When "It" calls "Change" everyone must find a new partner as quickly as possible on the other side of the room. When each person meets his or her new partner, the two people must be in the position last called by "It"—either face-to-face or back-to-back. While the players are finding new partners, "It" tries to get a partner as well. The person left without a partner becomes the new "It."

Option:

- "It" can call other body-parts positions as well, such as toe-to-knee or hand-to-shoulder.